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## Scout reports

e-mail:

thescout@huachuca-emh1.army.mil

website:

huachuca-www.army.mil/PAO/index.htm

### Thanksgiving vouchers

The Fort Huachuca Thanksgiving Program is now accepting donations through unit representatives.

Give generously to make a home a little bit more joyful this season.

### CFC local charities

The Fort Huachuca and Cochise County Combined Federal Campaign will run through Oct. 31. Over 1600 charities are included this year, 256 are local.

All federal employees, retirees and contractors are eligible to contribute. To make a donation, see your unit representative or call 533-3245.

For more information, click on [www.asc.army.mil/CFC](http://www.asc.army.mil/CFC).

### Flu vaccinations delayed

Flu season is coming, but at the present time, Raymond W. Bliss Army Health Center does not have any information about the arrival date for the vaccine.

The two factors that combined to create this delay were a slow-growing component of this year's vaccine formulation and the production problems at two of the four pharmaceutical companies that produce the flu vaccine.

As in the past, the vaccine will contain three different strains of flu virus.

It is determined in early January of every year what strains they need to cover in the vaccine. This year it will be New Caledonia, Moscow and Beijing.

As soon as RWBAHC has any information as to when flu shots will be provided to beneficiaries, MEDDAC will send out messages, publish it in *The Scout* and on the local radio.

# Be all you can be

## Services expect to make fiscal 2000 recruiting goals

By Jim Garamone

American Forces Press Service

WASHINGTON — After three years of missing their numbers, DoD expects the services to make the fiscal 2000 recruiting goals.

Vice Adm. Pat Tracey, deputy assistant secretary of defense for military personnel policy, said the services are doing a better job of signing up recruits.

This fiscal year would be the first since 1997 all services make their goals.

In fiscal 1998, the Navy missed recruited 48,429 sailors when plans called for 55,321. The Army missed its fiscal 1998 goal, recruiting 71,733 soldiers when they needed 72,550.

In fiscal 1999, the Army and Air Force failed to make their goals. In that year the Army made 92 percent of its recruiting goal — 74,500 needed, 68,209 recruited. The Air Force made 95 percent — 34,400 needed 32,673 recruited.

The Navy and Army "have a fairly large number of contracts to write for the rest of the fiscal year, but they both

expect to meet their requirements for the year," Tracey said during an Aug. 8 Pentagon news conference.

The Navy's retention and attrition rates are better than expected, "so they may be able to adjust downward the number of recruits they have to bring in, which is also good news." The Navy goal is 56,600 recruits.

She said the Army had a better July than anticipated. She said she remains optimistic the service can make its fiscal 2000 recruiting goal of "shipping" 80,000 recruits.

Marine Corps officials report they will make their goal of 33,367 recruits. The Air Force has announced it has already signed up enough people to make its goal of 34,600 this fiscal year.

Tracey said retention and recruiting go hand-in-hand. By retaining more experienced petty officers than it anticipated, for example, the Navy needed fewer recruits.

All services, she said, are in a "steady-state mode."

"We are replacing losses on a basically one-for-one basis in the services

now," she said.

The toughest career fields for retention are information technology, communications and airplane mechanics.

These skills are needed in the civilian sector, and the military is competing against private firms for these specialties.

However, she said, retention is tough for mid-grade leaders of almost any skill.

"They're being hired for their leadership skills," she said. Private firms value mid-level NCOs and officers for their "experience at motivating and leading troops."

"I hate to say this, but I lost a captain out of my organization who was hired away to run a software development shop," Tracey said.

"He had zero computer skills, trust me, but he was hired because he was a leader. And he's doing great.

"And that's probably the place where we will face unending competition, because we really do turn people into pretty phenomenal leaders at a very, very young age."

## Fire Drills: The Great Escape!

## Practice your escape route during Fire Prevention Week

### Fire Department release

Fire Prevention Week 2000 is Oct. 8-14. The theme, for the third year in a row, is "Fire Drills: The Great Escape!"

This theme has already proven to be a great success. Over the past two years, National Fire Prevention Association has documented 58 lives saved as a direct result of this campaign.

Practice your home fire escape plans. A lack of planning can prove deadly in a home fire.

### History of Fire Prevention Week

The history of Fire Prevention Week has its roots in the Great Chicago Fire, which occurred on October 9, 1871. This tragic conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2000 acres in 27 hours.

While the origin of the fire has never been determined, there has been much speculation over how it began. One popular legend was that Mrs. O'Leary was milking her cow when the ani-

mal kicked over a lamp, setting the O'Leary's barn on fire and starting the spectacular blaze. This was proven untrue a few years ago by Chicago historian Robert Cromie.

On the Great Chicago Fire's 40th anniversary, the former Fire Marshals Association of North America sponsored the first National Fire Prevention Day, advocating an annual observance as a way to keep the public informed about the importance of fire prevention.

In 1920 President Woodrow Wilson issued the first National Fire Prevention Day proclamation, and since 1922, National Fire Prevention Week has been observed on the Sunday-through-Saturday period in which Oct. 9 falls. In addition, the president of the United States has signed a proclamation pronouncing a national observance during that week every year since 1925.

Dedicated to raising public awareness about the dangers of fire and how to prevent it, the NFPA has officially sponsored Fire Prevention Week since the observance was first established.

# The Scout's Chaplain

Chapel Church Services on Fort Huachuca

**Protestant**

**Sunday Services**

8 a.m. Episcopal, Main Post Chapel  
8 a.m. Protestant, Kino Chapel  
9:30 a.m. Gospel, Kino Chapel  
9:30 a.m. Protestant, MI Village  
11 a.m. Protestant, Main Post Chapel  
11 a.m. Lutheran, MI Village  
1:30 p.m. Hispanic, Main Post Chapel

**Catholic**

**Weekday Mass**

11:30 a.m. Daily Mass, Blessed Sacrament Chapel

**Saturday Mass**

5 p.m. Mass (Vigil), Main Post Chapel

**Sunday Mass**

8 a.m. MI Village  
9:30 a.m. Main Post Chapel  
11:30 a.m. Kino Chapel

**Jewish**

7 p.m. 1st & 3rd Fridays, Main Post Chapel

**Eastern Orthodox**

10 a.m. 2nd Saturday, Blessed Sacrament Chapel

**Muslim**

11:30 a.m. - 1 p.m. Daily Prayer  
Main Post Chapel, Room 24

**Religious Education**

**Catholic CCD**

10:45-11:45 a.m. Sundays

**Catholic Sacramental**

See DRE (533-4598)

**Protestant Sunday School**

9:30-10:30 a.m. Sundays, Main Post Chapel

**Gospel Sunday School**

8-9 a.m. Murr Community Center

**Episcopal Children's Church**

8-9 a.m. Main Post Chapel

**Episcopal Confirmation Class**

9:30-10:30 a.m. Sundays

**Bible Studies**

See DRE (533-4598)

**Youth Programs**

**Protestant Jr. & High School**

**Student Ministries**

6 p.m. Wednesdays, Main Post Chapel, 459-8339

**Catholic Life Teen**

For schedule, call 803-1750

**Children's Programs**

**Pioneer Clubs (1st-6th Grade)**

6:30 p.m. Mondays, Main Post Chapel, 533-4598

**Unit Chaplains**

111th MI Bde.	533-8774
305th MI Bn.	533-6731/6732
309th MI Bn.	533-8894
306th MI Bn.	533-3326/5889
304th MI Bn.	533-6570
Army Signal Command	538-7379
11th Sig. Bde.	533-2388/9507
40th Sig. Bn.	533-2345/9509
86th Sig. Bn.	533-2345/9508
504th Sig. Bn.	533-1246/1259

# Garrison commander issues Columbus Day safety message



File photo

**Col. Michael Boardman, garrison commander, U.S. Army Intelligence Center and Fort Huachuca.**

*By Col. Michael Boardman  
Garrison Commander*

We will observe Columbus Day on Monday. This is one of our traditional holidays and with it, many people will make this a four-day weekend.

October is a month filled with observances, many of which have to do with safety. And the holiday is named after a man who threw safety to the winds when he set

sail to prove to his critics that the world was round and that he would not sail off the end of the earth, as many had said he would.

We can't afford to do as Christopher Columbus did in 1492. No, we have to be aware of everything around us to ensure that we are safe from accidents.

October is the time of the year when we begin our Annual Safe Holiday Campaign which runs from now until after the New Year. October is also Fire Safety Month, a time to check your work areas and homes for fire hazards, review your fire evacuation plans, and to inspect smoke detectors.

Red Ribbon Week will also be observed this month. This is when we want to reinforce our daily commitment to be drug free. If you are drug free then you are not under the influence of a mind-altering substance, and you are more likely to remain accident free as well.

As the end of October draws near, there will be another need for increase safety awareness when the ghosts and gremlins take to our streets on Halloween for trick-or-treating on Oct. 31.

October is a month loaded with safety awareness events. However, these events should only serve as reminders to you to continue the safe practices that you do everyday.

# Commentary

# Lawn mowing

## A time honored tradition I will gladly pass on to my sons

*By Maj. Daniel T. Williams  
USAIC&FH PAO*

As a part of growing up in my family, it became my responsibility to mow the lawn weekly during the summer months.

I remember these days fondly as my adventures. I won't say how old I was, but I was using a push mower. That's a mower without an engine. Those were tough times, but soon I convinced my father that we needed a power mower.

What a wonderful transition that was. I cut my mowing time by more than 50 percent and my hands were much less calloused as a result.

During the long summers of my youth I logged many miles while manicuring the Williams' estate. We

owned a modest family home on a one-and-a-half acre lot.

I am getting to my point so stay with me.

My mowing time was also my thinking time. There was something about the rhythm of the mower as I pushed along that caused me to go into great mental journeys.

I can remember solving many of the world's problems, preaching the world's best sermons, and imagining myself being one of the world's foremost athletes during my weekly adventures.

Now I own my own home and have regained my childhood status of lawn manicurist. The mowing utensils are much the same today as they were back then. When I was younger we just couldn't afford all the

extras like a power Weed Eater, hedge trimmer, edger, and so on.

I find myself going on the same mental journeys only the problems are bigger and the end results are much more rewarding. The topics are world peace, the cure for cancer, better gas mileage and my retirement funds.

In the end I am satisfied that I have a better looking lawn, I have researched with the world's best researchers and won the battle against cancer, and I did not have to leave home to do any of these great feats.

Now that I have three boys of my own I look forward to the day when I can introduce them to this "guy thing" and make it a time honored tradition for them to carry on to their children.

## The Fort Huachuca Scout®

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# Claims office recovers expenses due to negligence

By Maj. Robert R. Melnick  
JA, 153rd LSO

Most soldiers are familiar with the personnel claims that they file with the Claims Office at the Office of the Staff Judge Advocate after permanent change of station moves. The Claims Office provides this essential service to compensate soldiers for damages or losses they may incur during PCS moves.

The Claims Office also provides another valuable service by processing affirmative claims (or claims for the Army) to ensure that the Army recovers expenses incurred because of the negligent acts of others.

For instance, a soldier is driving her unit humvee on post and an ACME food truck runs a stop sign and collides with her broadside. The impact causes the humvee to turn over, trapping the soldier inside.

The humvee is totaled and the soldier is taken to the health center for treatment. She is diagnosed with a mild concussion, broken ribs and severe whiplash, and she spends two nights in the hospital. The Army

pays her medical bills of \$20,000.

There are several federal laws that permit the Army to recoup its losses when someone else is responsible for the losses. In this scenario, the ACME truck driver was at fault and his employer, ACME, Inc. is responsible both for the property loss of the humvee and the medical expenses.

Under the Federal Claims Collection Act, the Army can recover for damage or loss of government property from the party responsible for the damage or loss. Here, the Army can seek reimbursement from ACME, Inc. for the totaled humvee.

Under the Federal Medical Care Recovery Act, the Army can recover from a responsible party or their insurance carrier the reasonable value of medical care and pay furnished by the government.

Here, ACME, Inc. is ultimately responsible for reimbursing the Army for the soldier's medical expenses as well as wages for the time the soldier was unable to work.

The Claims Office could also recover medical costs whenever a service member, family member, or retiree is injured as the result of any type of accident.

Usually, when a service member, family member or retiree is injured as a result of the negligence of a third party; the Claims Office can recover the cost of government-provided medical treatment.

The Army's recovery of these monies benefits all of us. It forces the responsible third party to pay for his or her negligence by reimbursing the Army for its expenses. It ultimately keeps costs down and improves benefits and services for all of us.

Much of the money the Claims Office recovers through affirmative claims directly benefits Fort Huachuca. Last year the Claims Office collected over \$100,000 for Fort Huachuca treatment facilities.

If you are ever injured or suffer property damage or loss because of the negligence of a third party, please notify the Claims Office and cooperate with them to collect the costs of medical treatment.

## DEERS reminds retirees, active duty of need to update data system

TRICARE release

Noting that there is no way to automatically track retirees and family members registered in the data base, Defense Enrollment Eligibility System officials issued a reminder this week to retirees of their responsibility to update the system.

Home addresses are extremely important, according to DEERS officials, since data listed in DEERS is frequently used to send out information about health benefits.

Problems also arise when DEERS is not notified of a change in the family status, such as marriage, divorce, birth or adoption.

TRICARE benefits may be denied because DEERS has not been updated to reflect a new spouse or child. A claim may also be paid by mistake because DEERS has no record of divorce or death.

With an incorrectly paid claim, the gov-

ernment is required by law to request reimbursement, regardless of who is at fault.

Retirees (and active duty military members) may update DEERS information by:

— Going to the nearest military personnel office;

— E-mailing changes to [addrinfo@osd.pentagon.mil](mailto:addrinfo@osd.pentagon.mil);

— Faxing changes to (831) 655-8317; or

— Mailing changes to: DEERS Support Office, ATTN: COA, 400 Gigling Road, Seaside, CA 93955-6771.

DEERS address changes may also be made on-line at [www.tricare.osd.mil/DEERSAddress](http://www.tricare.osd.mil/DEERSAddress).

For more information, call the DEERS Support Office at 1-800-538-9552. DEERS Support Office hours of operation are 6 a.m.-3:30 p.m., Pacific Time, Monday through Friday.

## Beware of baggage charges

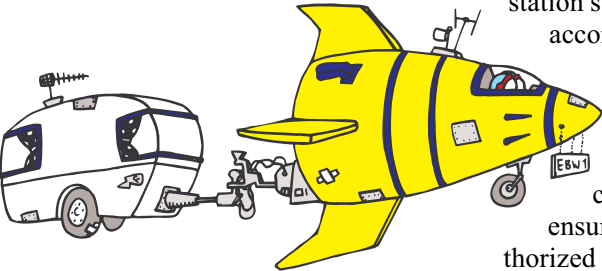
AMC release

Space required passengers traveling with unauthorized excess baggage are responsible for paying the excess baggage charges on DoD aircraft.

Each passenger is authorized two pieces of checked baggage not to exceed 70 pounds each. Unauthorized excess checked personnel baggage is baggage which exceeds the free baggage allowance and is not authorized in travel orders or amendments.

Unauthorized excess baggage charges will be assessed on a per piece basis, based on the non-DoD passenger fare. These non-DoD passenger fares and excess baggage piece rates can be found under non-DoD rates on the Internet at <http://public.Scott.af.mil/hqamc/fm/rates.htm>.

To prevent an excess baggage charge, personnel in a permanent change of station status should utilize their unaccompanied baggage shipment entitlement.



Personnel in a temporary duty status who are required to travel with excess checked baggage must ensure the excess baggage is authorized in the travel order.

## New law to aid child support collections

ADOT release

Changes concerning the use of a social security number on driver licenses become effective in October.

No later than Oct. 1, states must require driver license and instruction permit applicants to provide their social security number on the application.

The requirement was adopted by Congress as part of Public Law 105-33, the Balanced Budget Reconciliation Act of 1997.

Under the new law, the Department of Economic Security will utilize this information to locate absentee parents for the purpose of collecting child support.

Also beginning Oct. 1, the Motor Vehicle Division will no longer use a social security number as a driver license number.

Drivers who now have their SSN as a driver license number may opt for a computer generated number after Oct. 8 for a duplicate license fee of \$4.

For those whose driver license was issued after 1995, a duplicate may be available by telephone: Phoenix (602) 255-0072, Tucson (520) 629-9808, elsewhere in Arizona (800) 251-5866, TDD Hearing and Speech Impaired: Phoenix (602) 712-3222, elsewhere (800) 324-5425. Others may visit an MVD office to obtain the duplicate.

## Kubs Korner

### 395 donated blood in September

September's five blood drives netted 395 soldiers and civilians who donated the gift of life. In the hunt for the September unit Blood Hound Award, Company A., 40th Signal Battalion was recognized with the Small Size Unit Award for donating 29 pints of blood. The Medium Size Unit Award was taken by USAISEC with its 44 points of blood and the Large Size Unit Award went to Company E, 309th Military Intelligence Bn. for its 39 pints of blood. The awards were presented at the Military Affairs Committee luncheon, Wednesday at the LakeSide Activity Centre.

September's 395 blood donors came from 77 different units and activities on Fort Huachuca. In all, the total blood units collected could save up to 1,824 lives. Blood drives currently scheduled for the remainder of the year 2000 are:

- |         |  |
|---------|--|
| Oct. 13 | Murr Community Center                  |
| Oct. 27 | Military Intelligence Center (Yardley) |
| Nov. 17 | Murr Community Center                  |
| Nov. 21 | Military Intelligence Center (Yardley) |
| Dec. 6  | JITC                                   |
| Dec. 8  | Military Intelligence (Yardley)        |
| Dec. 11 | RWBAHC                                 |
| Dec. 15 | Murr Community Center                  |

### Have we got news for you!

Check out *The Fort Huachuca Scout* on the Internet. Click on <http://huachuca-www.army.mil/PAO/1Scout.htm>

# Family brings Christmas cheer to needy year round

By Stan Williamson  
Scout Staff

A husband and wife team has been taking clothing and toys to various Indian reservations, Mexican orphanages and Mexican/Indian schools for about two and half years. Their almost monthly trips also include inner city schools in Phoenix and some local families.

They are assisted by the fort's Turn Around Point, the Douglas Knights of Columbus, and Church of Christ, Mexico Mission (who travels into Wymus Mexico).

Who are these people? They are George Flora, a safety inspector with the garrison Safety Office and his wife, Betsy Flora, a budget analyst assigned to the Electronic Proving Ground.

"We have always enjoyed being involved in helping people and had been volunteers for many years," he said. Actually, George began volunteering while he was in the Fire Department for 16 years and Betsy started her volunteer work ten years ago when she was with an Ambulance Service in New Jersey.

"When moved out here, we knew there was something we were supposed to be doing, but we didn't really know what," she said. "We always had a passion for helping needy children and families and both of us wanted to do something."

According to George, he and his wife prayed for guidance and together they accepted the mission to help the needy.

"We asked to be given the means to accomplish this, and to be led to the people who needed this help. Within a week we had met a single mother with five children who needed help, and from there everything opened up — the rest of the story is history," he said.

Since both Flora's have fulltime jobs, they have another "volunteer" who is involved. Hedy Hobbs, Betsy's mother, has taken over the monumental task of cleaning, mending and repairing of the clothes, toys and household items donated to the Flora's. As a skilled seamstress she mends all the clothes and salvages things out of unmendable clothes (like zippers, buttons etc) to use in others. She also washes clothes during the week so they can be sorted, folded and boxed when the Flora's come home in the evening.

According to George, their biggest help comes from the Fort's Turn-Around Point. "They provide us with clothing and items they can't use or have been in their inventory for a long time. A lot of items are given to us by local people we have met or they have heard what we do."

"We sometimes come home to find bags of clothing and toys in the driveway," Betsy added. "We have gone to garage sales and told people about our mission to help by "giving" directly to the people who are in need. In a lot of cases the people have given us clothing and toys they would have otherwise sold."

Both Flora's agree that word by mouth has been their biggest help. "Sometimes we go down to the local donation stores and buy things we need," he said.

The Flora's will travel to the Hopi Indian Reservation once a year to deliver a truckload of items. They also visit the Tohono O'odham on average once every three months. Trips across the border are more often as they visit a Mexican Orphanage and Halfway House between four and six times a year. The Flora's also support some Inner City Schools in the Tucson area twice a year.

A normal load averages anywhere from 50 to 100 boxes going to each location on any one trip. "However, the trips to Mexico require us to make more trips with smaller loads," he said.

"Once in a while we will get a special request from the Indian Reservations and from the orphanage for specific items," George continued. But mostly the requests are for basic items such as beds, mattresses and dressers, cleaning items (laundry soap, bleach), and toiletries (toothpaste, toothbrushes, combs, brushes, soap, sham-



Courtesy photo

**George and Betsy Flora prepare to deliver another load of help for the needy.**

poo) and of course, food items.

When asked what are some of the odd or strange items they have delivered, George said, "the strangest thing, but not necessarily the oddest, was a toilet bowl, along with a washing machine to the Halfway House in Mexico. These people are building this place from scratch, using any and all materials they can find."

"In Mexico, they use everything and anything you could imagine. If you have it in your home it can be used in Mexico," Betsy said. The orphanage has a need for fruit items for the children. The Flora's have gone to local markets and bought the four-pound cans of fruit to take with them on their trips over the border. "It seems to be the most for the best price and we were given bags of grapefruit from Phoenix which were greatly appreciated," she said.

When dealing with someone from across the border or with the Indian tribes, there can be problems at times. George said the Indian reservations were difficult at first. "But, we haven't had any problems once we found the right person to work with. This was our biggest obstacle to overcome. Our hope is to get at least one name from each of the tribes in Arizona so we can distributed these items throughout Arizona."

George was a little more careful in talking about problems with the Mexican orphanages and the Halfway House. "We've gotten things into Mexico strictly through divine intervention," he said. "We have written to the Mexican Consulate's Office to acquire a permit that will openly allow us to take things to these people, but to date we haven't heard from them. If we are stopped at the border, they either won't let you bring things in, or they want to charge a high duty cost. Hopefully, with the new president coming into office this will change," he said.

The Flora's say they find their volunteer work very rewarding. There are special moments they've experienced they will always remember.

"On the Tohono O'odham Reservation, the lady we deal with just opened a new office which does the outreach work to the needy people on the reservation. She didn't have anything to work with. When she was given a letter we wrote six months earlier, she called us. We gave her over 100 boxes crammed with clothing and toys. Her joy, excitement, and disbelief that so many people were willing to give brought tears to her eyes," she said.

"When we go to the Halfway House, once again we are always met with smiles. Last Easter we brought them cooked hams and the trimmings. To see grown men with tears in their eyes joining together in prayer to give you a blessing made the holiday very memorable," she said.

"We were able to attend a Christmas party at an inner city school in Phoenix during our first Christmas trip. The party was for grades K-4. They had a bus driver play Santa and we set up the room with a tree and all the toys around it," George said.

"He was the funniest, skinniest Santa we had ever seen, but when the kids came in they saw him as the roly-poly Santa we all know," Betsy explained. "The excitement and amazement in the children's faces was something to cherish. The principal was all welled up as well, and told us that 'half of these kids probably never had or never would have had a Christmas if this party hadn't been held.'

"On a later trip, one of the teachers told us about a little girl who was mentally challenged and throughout the year had only showed anger," Betsy said. "The teacher had tried everything to get through to this child with no success. When she was handed a Christmas gift at the party — a baby doll — her expression changed, she cuddled and nurtured her new doll, and went around to everyone introducing her new baby. This was the first sign of gentleness she had seen in the child and finally was able to get through to help her."

George said, "last Christmas we sent toys up to another inner city school. About two days before Christmas we went to the post office and found a pick up slip in our box. When we went to the counter we felt like we were reliving a part in Christmas on 42nd Street. The postman came out with packages of over 100 letters, each individually written by the children. This was totally unexpected. That was a gift no one could top."

The Flora's are happy in what they are doing and George said, "If anyone would like to donate anything please call. We are not an official organization therefore we are not tax deductible."

He said, "your only reward is knowing that whatever you give is being 'given' to those that need. Also, he added, "we are always in need of boxes, preferably medium sized boxes. If anyone knows of a family(s) in need please call us." The Flora's can be reached at 378-0670. "Call us so we can make arrangements," he said.

# GSA, NHTSA warn consumers about Firestone tires not recalled

## GSA Fleet release

A consumer advisory recommending replacement of specific Firestone tires that have a high rate of failure was released Sept. 1 by the National Highway Traffic Safety Administration.

According to William F. Webster, director, GSA Fleet operations in Arlington, Va., these tires are in addition to the tires recalled by Firestone/Bridgestone on Aug. 9.

Some vehicles purchased by GSA came with the tires listed in the NHTSA advisory as original equipment, and other vehicles have had them installed as replacement tires. Firestone/Bridgestone has not recalled these tires as of the date of this letter.

“The safety of our GSA Fleet customers is our number one concern,” Webster said. “Therefore, if your GSA Fleet vehicle(s) is equipped with the Firestone tires in the sizes and types included in the NHTSA advisory, have them inspected immediately to determine if they were made at the Firestone plants listed in the attached advisory. If they are the tires in question, you should have them replaced immediately, preferably by Firestone.”

For the location of the nearest dealer, Webster said customers can visit the GSA web site at [www.fss.gsa.gov/vehicle/leasing](http://www.fss.gsa.gov/vehicle/leasing) or contact the GSA Maintenance Control Center at 1-888-622-6344.

“Please remember to have the spare tire replaced as well,” he said. “All replacements must be authorized by the

Maintenance Control Center.”

## Accident or failure

If you have experienced a tire failure with a resulting accident, you should report the incident immediately by e-mail to [vehicle.buying@gsa.gov](mailto:vehicle.buying@gsa.gov) or by fax (703-305-3034). Be sure to include a short description of the incident, tire model, mileage on the tire at the time of the failure, vehicle tag number, point of contact and a phone number.

“We are continuing to work with the NHTSA on this matter and will provide additional information to you as it becomes available,” Webster said. “We will post updates on our web site at [www.fss.gsa.gov/vehicle/leasing](http://www.fss.gsa.gov/vehicle/leasing)”

## NHTSA consumer advisory

NHTSA is recommending that owners of vehicles with certain models and sizes of Firestone tires not already being recalled by Firestone take a number of actions to assure their safety, based on NHTSA’s analysis of Firestone’s data.

On May 2, NHTSA opened a defect investigation into approximately 47 million ATX, ATXII, and Wilderness tires manufactured by Bridgestone/Firestone, Inc. (Firestone). On Aug. 9, Firestone announced that it was recalling 14.4 million of the tires under investigation.

These include all Firestone ATX and ATXII tires of the P23 5/75R 15 size manufactured since 1991 and all Wilderness AT tires of that same size manufac-

Tires included in the Sept. 1, 2000 NHTSA Consumer Advisory			
Tire Line	SIZE	PLANT CODE	Original Installation**
ATX	P205/75R15	VD	1991 Chevy Blazer
ATX	P225/75R15	HY	
ATX	30X9.50R15LT	VD	
ATX	31X10.50R15LT	VD	1991-94 Nissan Pick up
ATX	32X11.50R15LT	VD	
ATX	31X10.50R16.5LT		VD
ATX	33X12.50R16.5LT	VD	
Firehawk ATX	27X8.50R14LT	VD	
Firehawk ATX	235/75R15*	VD	
Firehawk ATX	30X9.50R15LT	VD	
Firehawk ATX	31X10.50R15LT	VD	
Firehawk ATX	32X11.50R15LT	VD	
Firehawk ATX	33X12.50R15LT	VD	
Firehawk ATX	265/75R16LT	VD	
Firehawk ATX	255/85R16LT	VD	
Firehawk ATX	31X10.50R16.5LT	VD	
Firehawk ATX	33X12.50R16.5LT	VD	
ATX 23 Degree	31X10.50R15LT	VD	
ATX 23 Degree	33X12.50R16.5LT	VD	
Widetrack Radial Baja	P225/75R15	HY	
Widetrack Radial Baja A/S	32X11.50R15LT	VD	
Wilderness AT	P235/70R16	W2	1996-98 Ford F150
Wilderness AT	33X12.50R16.5LT		VD
Wilderness HT	P255/70R15	VD	

\* Firestone’s list this model as a LTP235/75R15.

\*\* Only some of the list models had these tires installed as original equipment.

tured at Firestone’s Decatur, IL plant. Firestone has estimated that about 6.5 million of these tires were still in service as of that date.

NHTSA has continued its investigation into the remaining tires. As part of that investigation, NHTSA has reviewed data provided by Firestone on property damage claims, personal injury claims, and lawsuits regarding the tires under investigation.

Although its investigation is not complete, that review indicated that the rate of tread separations for certain other tire models and sizes exceed those of the recalled tires, sometimes by a large margin.

See Tires, Page 9

# Hispanic Heritage Month

## Fort Huachuca remembers unsung Hispanic hero

By Jim Finley  
Post Historian

During National Hispanic Heritage Month we will be hearing about a number of contributions made by Hispanic citizens.

But there is at least one story you will hear little about. That is because it was performed quietly in remote Arizona during World War II when attention was fixed on the fighting in Europe and the Pacific.

It was a time when the 93d Infantry

Division was training at Fort Huachuca in preparation for embarking to the Pacific.

A unit of the 93rd Division, the 318th Engineer Battalion, had to travel all the way to the Colorado River in Western Arizona to practice its river-crossing operations. It was during one such operation in late 1942 that tragedy struck.

Four men were manning an assault boat when a swift current drove it into a footbridge that had been erected across

the river. The boat overturned, throwing the men into the water.

The medical officer attached to the 318th Engineer Battalion was 1st Lt. Stanis Melendez who was on duty and present when the accident occurred.

He commandeered a powerboat and hurried to the spot where the men were last seen. Fully clothed he dived into the water to search for the missing enlisted men.

With no regard for his own safety, he repeatedly dived into the dangerous ed-

dies and strong undercurrents. At one point he managed to grab the hand of one of the men but contact was broken by the strong current.

Undaunted he continued to dive until he was too exhausted to continue.

Unfortunately, three of the men died in the river on that day. The fourth was able to swim to a rescue boat. Melendez was awarded the Soldier’s Medal for heroism on Jan. 3, 1943 on the parade ground at Fort Huachuca.

## Desert Museum honors Hispanic culture with Celebracion del Desierto

### Desert Museum release

TUCSON— This October, Sundays at the Arizona-Sonora Desert Museum will reveal a spicier side as the Celebracion del Desierto kicked off on Oct. 1.

After last year’s successful, day-long event, the Desert Museum decided to expand the festival into a month of Sundays to share the fun and excitement of the Hispanic culture.

“Visitors to this year’s Celebracion del Desierto will get a much better feel for the traditional Hispanic Culture,” said Richard H. Daley, executive director for the Desert Museum. “Each Sunday will highlight different aspects for a more complete experience.”

This year’s Celebracion del Desierto will feature special music, performances, crafts and food every Sunday through the month of October. Included is a Mata Ortiz pottery exhibition and sale, food from local Mexican restaurants, arts and crafts activities and demonstrations as well as special entertainment ranging from local groups such as Tucson High School Folklorico and mariachi groups to performances by international touring group Ballet Folklorico San Juan.

The festivity will culminate with a weekend celebration of Dia de los Muertos (Day of the Dead) on Oct. 29. The Desert Museum will be decked out in color and tradition to display this important Mexican culture - complete with paper

mache skulls, bright paper flowers and symbolic offerings that link Tucson to the people and heritage of the past.

The Arizona-Sonora Desert Museum is the nation’s leading outdoor living museum, featuring more than 300 species of native wildlife and 1,300 varieties of desert plants.

The museum, located at 2021 N. Kinney Road, is open every day of the year from 8:30 a.m. to 5 p.m. October through February, and from 7:30 a.m. to 6 p.m. March through September.

Admission is free for members and children under 6, & 8.95 for adults and \$1.75 for ages 6-12. Call (520) 883-2702 or click on [www.desertmuseum.org](http://www.desertmuseum.org) for more information.



# Community Updates

### STC chapter forms

A local chapter of the Society for Technical Communication is forming. The STC is a professional association that advances the arts and sciences of technical communication.

Its 25,000 members include technical writers, editors, graphic designers, multimedia artists, web and Internet page information designers, translators and others whose work involves making technical information understandable and available to those who need it.

For information about attending meetings or becoming a member, click on <http://www.stc-va.org> and <http://stc.org> or call Debbie Escalante at 459-1354 or 439-4881.

### WBAMC hours

The hours of operation of the William Beaumont Army Medical Center Correspondence Section, Room 3-223, phone (915) 569-2400/1549, or fax (915) 569-1960, Patient Administration Division are: 8 a.m.-4 p.m., Monday, Wednesday and Friday; 8 a.m.-noon, Tuesday; 12:30 p.m.-4 p.m., Thursday; and closed on federal and training holidays.

For information, call (915) 569-1077.

### Plant rescue efforts

The demolition of the 14 houses along Lawton, Mason and Wright will proceed about mid-October. Many soldiers have indicated an interest in using some of the bushes and shrubs for their quarters.

The removal of these shrubs must be coordinated with the DIS forester, John Miller at 533-5701. They are only for the use of residents on Fort Huachuca. If you are interested, contact him to coordinate a time and date as well as other housing or planting requirements.

After the abatement and demolition process has started, these items will no longer be available to residents.

### Range closures

The following range areas are closed for training.

Friday	AF, AG, AL, AW, AY, T1, T1A, T2
Saturday	AF, AG, AW, AY, T1, T1A, T2
Sunday	AF, AG, AW, AY, T1, T1A, T2
Monday	AF, AG, AW, T1, T1A, T2
Tuesday	AF, AG, AL, AM, AN, AW, AY
Wednesday	AF, AL, AM, AN, AW, AY
Oct. 12	AF, AW, AY, T1, T1A, T2
Oct. 13	AF, AM, AU, AW, AY, T1, T1A, T2
Oct. 14	AQ, AY, T1, T1A, T2
Oct. 15	AN, AY, T1, T1A, T2
Oct. 16	AI, AK, AL, AN, AR, AY, T1, T1A, T2

### DOIM classes set

The Directorate of Information Management is sponsoring the following computer courses for the month of October: today, Intermediate Microsoft Access; Friday, Advanced MS Access; Wednesday, Basic Microsoft Excel; and Oct. 12, Advanced MS Excel.

The month ends with MS PowerPoint,

Oct. 16; Basic HTML, Oct. 18; Microsoft Outlook, Oct. 19; Microsoft Project, Oct. 20; and Microsoft Word, Oct. 26.

These courses are free and are offered to all active duty/reserve military personnel and their spouses, civilians and contractors employed on Fort Huachuca. For more information, call the DOIM Training Center at 533-2868.

### Pumpkin Festival

Celebrate fall at the 15th Annual Hunsdon Farms, Inc. Pumpkin Festival every Saturday and Sunday in October. Bring the family and enjoy cutting your own pumpkins.

This year's theme is "2000 Years of Farming: who were the first farmers in Arizona?" See displays and learn about the Hohokam Indians. Hayrides are from 9 a.m. to 4 p.m. Other activities include you-pick and we-pick vegetables and produce, roasted sweet corn, kettle corn, and jams and jellies.

Located in the Sulphur Springs Valley at an elevation of 4500 feet just north of Willcox, they are open everyday from 7 a.m. to 5 p.m., June through October.

From Tucson take I-10 east to exit 340, turn left onto Fort Grant Road and travel 13 miles north and turn left on Williams Road. For more information, call 1-800-351-6698.

### Green to Gold

Interested in becoming an officer? Attend the next "Green to Gold" Briefing, 11 a.m. to noon on Friday at the Fort Huachuca Education Center, Building 52104.

### BRT announces 6th season

"Last of the Red Hot Lovers" will open BRT's sixth season on Friday. Season tickets are \$56 for seven entries to any of the main season or summer productions. Tickets are available from BRT at P.O. Box 504, Bisbee, AZ 85603. For information, call 432-3786.

### Lions Club flea market


The Sierra Vista La Salida Del Sol Lions Club will be holding a "white lion" sale on Saturday at the Lions Flea Market from 7:30 a.m. to 1 p.m. Please bring your donations to the Lions shed or call for pickup of large items. All items left over will be donated to a non-profit organization.

For more information, call Lee Hinzman at 378-1399. In Huachuca City call Art at 456-9033.

### Museum Society meets


The fall meeting of the Huachuca Museum Society is 3 p.m., Sunday in the Ballroom at the Fort Huachuca LakeSide Activity Centre. It is free to members and \$5 for guests.

Retired Maj. Gen. John E. Hoover will be the featured speaker. He served at Fort



Wettie sez...  
**BE Water Wise!**

**If you wash dishes by hand, use a dishpan. Don't let the water run!**



**Be Water Wise and Energy Smart!**  
**Fort Huachuca - 538-SAVE**

Huachuca as the deputy commanding general of the U.S. Army Communications Command. His historical subject will concern the events and circumstances of the Civil War, including much unpublished material.

For reservations, call 378-3615.

### Trash pickup change

In observance of Columbus Day, Monday, the post refuse collection contractor will adjust the pickup schedule as follows. Occupants with a regular pickup on Monday will be picked up on Tuesday. Tuesday's route will be picked up on Wednesday. Post pickup of dumpsters and roll-offs normally emptied on Monday will either be dumped on Tuesday or Wednesday. Questions concerning refuse service may be directed to the contract inspector at 533-3574.

### Commissary closed

The Fort Huachuca Commissary will be closed Tuesday due to the Columbus Day holiday on Monday.

Due to the major forest fires this summer, the commissary will discontinue use of paper bags after the current supply is exhausted. Plastic bags will be used in the future.

### Veterans' benefits briefing

The Army Career and Alumni Program Center staff will sponsor Veterans' Affairs Benefits Briefings at the ACAP Center, Building 22420, 8 a.m.-noon Wednesday and Oct. 25, Nov. 8, and Dec. 1.

Representatives from the Phoenix VA

Regional Office and the Tucson Veterans' Center will be present to provide information about all VA benefits. No reservations necessary. For information, call Thom Hapgood at 533-7314.

### ASMC luncheon

The American Society of Military Comptrollers will hold its monthly business luncheon Wednesday at 11:30 a.m. in La Hacienda Community Club. Featured speaker will be Barry Albrecht, executive director/chief operating officer of the Sierra Vista Economic Development Foundation.

The lunch menu will be an Italian buffet with barbecued ribs and salad bar. Cost is \$8 for ASMC members and \$9 for non-members. To make reservations and purchase tickets, ASMC members and guests should contact organizational representatives or buy tickets at the door.

Members of the public are welcome to attend. For more information, call Linda Guinter at 456-2961.

### Federal jobs workshop

The Fort Huachuca Army Career and Alumni Program is offering a monthly Federal Jobs Workshop on Oct. 13, Nov. 17 and Dec. 15.

The workshop covers how to find out about federal job vacancies, how to apply, what forms to use, how selections are made, federal pay scales, veterans preference, and the types of civil service appointments.

**See Updates, Page 7**

Updates from Page 7

The Resumix scannable resume used to apply for jobs at Fort Huachuca will be explained in detail.

Workshops are held in the ACAP Center, Building 22420 (next to the Military Clothing Sales) in the Old Post area. No reservation is necessary. The public is invited to attend.

For more information, call Thom Hapgood at 533-7314.

Six Rms Riv Vu opens

The Sierra Vista Illegitimate Theater Company in cooperation with the Sierra Vista Parks and Recreation Services announces the opening of the play *Six Rms Riv Vu* at 7:30 p.m. Oct. 13 and 14, also at 2 p.m. Oct. 15. All performances will be at the Ethel Berger Center.

Tickets are \$8 for adults and \$7 for seniors and children under 12. Tickets are available at Oscar Yrun Community Center and Globetrotter Travel Agency. They may also be purchased at the theater door 30 minutes before performances.

For information, call 459-3943.

Craft vendors needed

Vendors are being sought for Col. Johnston Elementary School's Christmas Craft Bazaar fund-raiser Nov. 4 at Johnston's school cafeteria.

The bazaar is searching for vendors of homemade crafts — no commercial or food item vendors please. Vendors may purchase a six-foot table for \$10. Johnston will not charge any percentage of the vendor's sales at the bazaar.

Application forms/contracts may be picked up at Johnston Elementary School outside the office, and deadline for registration/paying of fees is Oct. 15. For more information, call 459-4297 or 458-0713.

Major promotion board

Department of the Army Promotion Selection Board is scheduled to convene on or about Oct. 24 to consider Judge Advocate General's Corps captains for promotion to major.

Officers eligible for consideration have the following active duty dates of rank: Above the Zone, Feb. 28, 1994 and earlier; Promotion Zone, March 1, 1994 through March 31, 1995; and Below the Zone, April 1, 1995 through Nov. 30, 1995.

In order to be eligible for consideration by the board, all mandatory or optional Officer Evaluation Reports must be received, error free, in the Evaluation Reports Branch, PERSCOM (TAPC-MSE-R) no later than Oct. 17. Exceptions are governed by para 1-33d, AR 600-8-29.

Only original evaluation reports will be processed. Machine reproduced or electronically transmitted copies will not be accepted.

For information, call Mrs. Velazquez at 533-3267.

AG closed

The Adjutant General will be closed on Oct. 20, from 11:30 a.m. to 4:15 p.m. for its quarterly Hail and Farewell Lun-

cheon. For emergencies, call 533-2229.

Saturday testing

The Army Education Center will offer Saturday testing on Oct. 21 and Nov 18. See an Army Education counselor for an appointment slip no later than two days prior to the test date.

For information, call Marilyn Copeland at 533-1701.

Harvest Fest planned

A Harvest Fest is planned for Oct. 31 from 5 to 7 p.m. at the Main Post Chapel Activity Room. This is a family event to celebrate what God has done for us this year and what He will do for us in the upcoming year.

Dress up in a favorite biblical character or animal and come enjoy games, crafts, and projects. Refreshment and fellowship will be provided. All costs are covered by the Main Post Chapel.

For information, call Kristine at 458-7986. Everyone is welcome.

A/305th overcomes challenge of obstacle course

By Pfc. Christopher Hainsworth  
A/305th MI Bn.

Company A, 305th Military Intelligence Battalion marched from the Military Intelligence village to the looming wooden structures of the obstacle course on Sept. 12. They were on their way to participate in basic soldier training, a process by which the skills and lessons learned in basic training are retained and further honed.

"It was a good change of pace for the soldiers and a good opportunity to refresh their training," Drill Sgt. David Sargent said.

Simple wood, rope and metal barriers would challenge the MI students to push their minds and their bodies. The young soldiers worked in teams and individually as they negotiated the course.

The course itself doesn't look very challenging until one has to run it. Among the obstacles in the way are three and four foot hurdles, short pillars, a 20 foot cargo net climb, monkey bars, an eight foot rope climb wall, tunnels, balancing beams, a single rope traverse over a ditch, and a 20 foot ladder climb.

The fastest team ran the course in just under five minutes and the company average was between six and seven minutes.

"This is how you build teams and individual confidence, by going through the obstacle course," said Col. William A. Carrington, commander, 111th Military Intelligence Brigade.

Team building was a big part of the Tuesday morning

exercise. The way in which the soldiers of A/305th worked together could be seen as they ran the course. Students cheered for other students and other teams, while they tried to encourage their peers.

"I think we really pull together when we do something that involves the company," said Spc. Cynthia Kauffmann, an imagery analyst student. "There was little regard to seniority, [Military Occupational Specialty], or gender; it was simply a question of how the team could get through the course faster."

In one instance during the individual competition, Pvt. Melinda Barbier, an imagery analyst student, seeing that her battle buddy, Pvt. Melissa Myers, was having trouble negotiating an obstacle, ran through the course assisting her. The pair then finished the second half of the course working together.

Many of the soldiers were glad to have had the opportunity to go out and work as teams.

"It gave me a chance to work as a team with my squad members," said Pvt. Micheal Sozio, an imagery analyst student.

Teamwork, however, was only one of the many lessons learned on the course.

"The soldiers exhibited a high level of motivation and esprit de corps and determination spending upwards of 10



A/305th photo

A/305th students complete the single rope traverse over a ditch.



A/305th photo

Students of Company A, 305th Military Intelligence Battalion learned about team building during obstacle course training.

See Obstacle, Page 9

# School News

## Do you need a refresher — FAST?

By Joan Kraak  
Computer Specialist

If you need to brush up on your reading, writing, math, map reading or need some type of tutoring for the FAST class, the Education Center has a curriculum program on their computers that might help you.

It is called Functional Academic Skills Training. You don't have to be in the FAST class to use it. This program provides preparation for advanced training.

This program comes with 42 different lessons. These lessons tackle a variety of subjects such as:

- Number Properties
- Algebraic Equations
- Whole Numbers
- Trigonometry
- Decimals
- Logarithms
- Fractions
- Following Directions
- Powers and Square Roots
- Defining Words
- Measures of Size, Weight and Tools
- Skimming and Scanning
- Distance and Directions
- Schematics
- Map Reading
- Spelling
- Consumer Math
- Writing Reports
- Taking Notes

To use this program you need to check in at the front desk. There you will be asked to read the rules and regulations and then sign in. Once you are on a computer, all you need to do is click on the FAST icon on the desktop. This will take you to the Table of Contents. To go to the lesson that you want to work with, just move the mouse over the lesson title you want and then left click. Throughout the lessons there are practice exercises; you can check your answers on the answer key.

There is another program called CYBIS. These courses are also tutorial in nature and cover basic skills through college level. You can do these lessons at the Education Center or at home if you have Internet connection.

The courses are delivered through CYBER Based Instruction System. Many courses allow students to "test out" of material they already know so they can spend their

time learning. Students may need to purchase textbooks to supplement the computer; however, the courses are free. (The Education Center has some books that students can use at the Education Center.)

This system offers a great opportunity for people to refresh their knowledge on some subjects and to further their education on other subjects.

Currently we have materials, books, audiotapes and videotapes for the following courses:

- Basic Math Skills
- Algebra
- Calculus 1
- Chemistry 1 & 2
- Geometry
- Precalculus
- Basic Reading Skills
- Reading Fundamentals
- Overcoming Self-Defeating Behavior
- Helping Relationship
- Telephone as a Sales Tool
- Affirmative Action Management
- Communication Skills
- Consulting Skills
- Logic Symbols
- Contract Bidding
- Robotics
- Effective Supervision
- Supervisory Success
- Managerial Success Curriculum
- Resource Management
- Problem Analysis and Decision-Making
- Time Management
- Accounts Receivable Collection Techniques
- Change and Choice
- Customer Contact Skills
- Telecommunications Curriculum
- How to Hire a Micro
- Computer Literacy Curriculum
- COBOL (Structured) Curriculum
- FORTRAN, Structured
- FORTRAN 77, Structured Programming
- FORTRAN (CYBER) Features
- Pascal
- Business Systems Analyst: Intro. to Business Data Processing Concepts

To register for these courses, see the computer specialist, she will register you and start you on using the program. She is available Monday through Thursday, 7 a.m. to 3:30 p.m. and Friday 7 a.m. to noon.

If you are inactive in a lesson for three months or longer, you will be dropped from the course unless you make special arrangements with the computer specialist.



Education Center photo

### Three Rs

*Debbie Spohn, education services officer, Fort Huachuca accepts a donation of 12 study guides from Larry White, Kiwanis president. The study guides will help customers improve their English, reading and math skills. These books are now available for check out in the Military Occupational Specialty Library*

## ACT explains test scores

### ACT release

IOWA CITY, Iowa — Millions of high school students take college entrance exams each year. But what do their scores mean?

ACT is offering free information to teachers and schools in the form of a poster that explains what grades mean. Educators and lawmakers frequently debate standards for student achievement, but there is little uniformity across the nation. The free poster is at (319) 337-1040.

To bridge the gap, ACT has developed Standards for Transition, which go behind the test scores to detail the skills necessary for success in life beyond high school.

## Fort schools assemble student councils, name honor students

### Smith Middle School

The **drama club** will hold auditions after school during the week of Oct. 23. There will be two short holiday performances, "The Toy Connection" and "Santa and the Efficiency Expert."

The performances will be held at Smith Middle School on Dec. 21.

Smith's **Students Against Destructive Decisions** is currently seeking students who would like to participate this school year.

The first meeting is scheduled for 2-3 p.m. today in the Home Economics room.

The **student council** is up and running with a full membership. Council officers are Akilah Howard, president; Qualisha Rubin, vice president; Siouxsie Owen, secretary; and Leala Hansen, treasurer.

The 8th grade representatives are

Keshia Foster, Kim Dodd, Jamal Green, JoAnn Ricks, Jennifer Ward and Traci Williams.

The 7th grade representatives are Nicki Anderson, Brianne Boardman, Taylor Hinson, Mary Houck, Essence Parker and Whitney Weathersby.

And the 6th grade representatives are Joshina Holmes, Ashley Lewis, Amelia Mason, Kathy Roman, Tierra Thomas and Tyrell Wallace.

The new officers for the **National Junior Honor Society** are Akilah Howard, president; Siouxsie Owen, vice president; Kim Dodd, recording secretary; Brianne Boardman, corresponding secretary; Danielle Redus, treasurer; and Ellisa Baucom, public affairs officer.

### Johnston Elementary School

Stephanie Buro's first grade class and Frank Bell's third grade class enjoyed the

**Douglas Fair** on Friday as the final step in their quest for excellence.

Many parent volunteers assisted these two classes with cooking on Wednesday.

The products, cakes, breads, pies, etc., were taken to Douglas on Thursday by Ida Pedrego, school counselor, and entered into the competition.

Mindy Lee's first grade class completed their **"Student of the Day"** activity last week. Each day a different "special" student sat on the author's chair while the rest of the class interviewed them.

This information was then used by the class to write a story about each child.

The class is looking for a parent volunteer to type the stories so they can be bound as a class book.

Our first **month end assembly** on

Friday showed true Johnston School spirit when the rafters lifted two inches off the walls as we sang and cheered.

**March of Dimes** gave a short presentation to students on the value of reading and on how they could support babies born with deformities through their reading.

Teachers will be sending more information home with children.

Karen Nieto, behaviorCoach, rounded out the program with a review of **bullying behavior** and how each student can work towards stopping making our school a safe place for everyone.

**Students of the Week** are Valerie West, Austin Worden, Joslin Willimas, Chance Harmon, Joshua Richard, Kassy Jacobson, Darrin Darby, Tiffany Marshall, Hanna Montoro, Mules Sylvester, Tina Jones, Josephin Starrett, Chris Bell and Nathan Germano.



# DeCA lists top-10 reasons to eat your ‘leafy greens’

DeCA release

**10. Leafy green (cruciferous) vegetables have it all!** There are few other vegetables that are as rich in essential vitamins, vital minerals and food value.

**9. They are high in calcium.** (Cruciferous vegetables are excellent natural sources of calcium, which helps to maintain healthy bones and prevent osteoporosis.)

**8. They have high vitamin E** (Vitamin E has been found to inhibit skin tumors and cancers in a number of tissues.)

**7. They have high ascorbic acid (Vitamin C).** Vitamin C is not stored by the body, so adequate amounts must be taken every day.

In addition to its cancer-inhibiting characteristics, Vitamin C is essential for the production of the white blood cells that protect against infections and bacterial toxins.

**6. They are high in beta-carotene.** (Beta-carotene is a component of dietary Vitamin A. A single serving of broccoli or one of the greens has enough

beta-carotene to provide more than the daily allowance requirement of Vitamin A).

**5. They are high in fiber.** (The American Institute for Cancer Research guidelines call for the consumption of 25-35 grams of fiber a day).

**4. They are low in calories.**

**3. They have no cholesterol.**

**2. They are fat free.** (Increasing the amounts of vegetables in our diets can help in controlling weight).

**1. Your mother told you to “Eat your vegetables.”** (Consumption of certain vegetables, especially cruciferous vegetables, has been associated with a reduction in the incidence of cancer in humans).

Fall is a great time for cooking up a “mess” of greens and loading up on all your essential vitamins and minerals.

But you don’t have to wait for the fall anymore to enjoy fresh greens. They’re available all year long.

Don’t forget to include cabbage, brussel sprouts and the variety of lettuces

to the list of leafy green vegetables.

Here are a few tips about ‘leafy greens,’ provided by the Fort Huachuca Commissary:

**Q. How do you reduce the strong odor that results from cooking cabbage?**

A. Just drop a whole walnut into the cooling liquid.

**Q. How do you prevent lettuce from browning when stored several days in the refrigerator?**

A. The keys to preventing browning during storage are low temperature (ideally 34-36F) and elimination of excess moisture.

It is important that the lettuce be well drained before storing.

**Q. How do you prevent red cabbage from discoloring? (Red cabbage sometimes turns purple or blue while cooling.)**

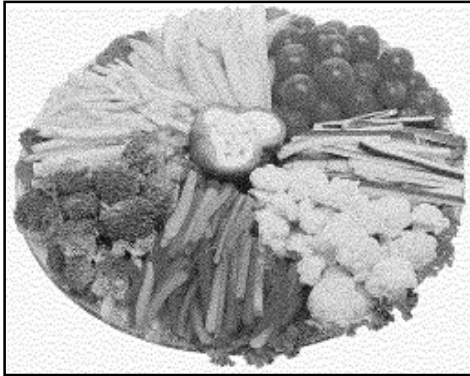
A. Add 1 tablespoon of vinegar or lemon juice to the cooling water.

**Q. What is a serving?**

A. A serving of raw leafy vegetables is 1 cup. A serving of cooked vegetables is 1/2 cup.

**Q. Why do nutritionists recommend cooking leafy greens in stainless steel, enamel, or glass pans?**

A. Pans made of aluminum or copper react with sulfur compounds in vegetables to create unpleasant odors and flavors and destroy Vitamin C, folic acid and Vitamin E.



Vegetable trays like this are available at the Fort Huachuca Commissary.

## Tires from Page 5

Therefore, NHTSA is concerned about the possible safety risk associated with those tires.

On Aug. 30, NHTSA staff met with Firestone representatives in Washington and recommended that Firestone expand the recall to include these tire models. On Aug. 31, Firestone advised NHTSA that it would not voluntarily expand the recall at this time.

NHTSA is continuing the investigation, which may result in an order directing Firestone to recall these tires and any other defective tires. However, in view of the potential safety risk, NHTSA believes that it is important to alert the public of its concerns now.

The tire models with the high tread separation rates are set out in the chart. A total of approximately 1.4 million of these tires were produced.

However, since many of them were manufactured many years ago, it is likely that far fewer are currently on the road. Most of them were sold as replacement equipment and were not installed as origi-

nal tires on new cars.

Since Firestone has chosen not to expand the recall at this time, you may not be able to obtain free replacement tires from Firestone.

However, in light of these concerns, NHTSA recommends that you consider replacing the tires in question and that you retain all documentation.

If you have one of these tires on your vehicle, you should take the following steps:

- Check your tires to be sure there are no visible signs of a problem.
- Be sure your tires are properly inflated.
- Do not drive at a high rate of speed, particularly in hot weather. If possible, choose roads with relatively low speed limits.
- Make sure your vehicle is not overloaded.
- Wear your seatbelt.

Please be aware that while these precautions are good general guidelines to tire safety, they may not prevent a tire

failure.

NHTSA will be moving to rapidly complete its defect investigation into these particular tires as well as the remaining Firestone tires under investigation.

If the agency concludes that other tires should be recalled, it will act promptly to assure that the public is protected.

The majority of the tires listed in the chart were sold as replacements in the aftermarket mostly for light trucks and SUVs. In the right column are vehicles upon which the tires were originally installed by the vehicle manufacturer when new.

**How do I know if my tires are included?**

- First you need to read the model name off of the sidewall of your tire and verify that it’s on the above list. Once you establish that you have one of the models listed above, you need to check the tire size and verify it’s on the list.

The tire size is located on both sides of the tire in raised letters. The tire size

should be one of the sizes listed above.

- Next you need to locate the DOT code to determine where your tire was built (plant). The DOT number is located on the blackwall side of the tire, under the F in Firestone and it is 10 characters long, and it starts with DOT.

Since this code is on the blackwall side of the tire, and not on the outside of the tire, you may need to crawl underneath your vehicle with a flashlight to find the code.

There may be spaces in between some of the numbers, but be sure to count all 10 characters to ensure you have found the proper code. Examples include:

DOT VDHLIPM046  
DOT W2HLIMO470  
DOT VDHLA16089

The first two letters of the DOT code are the DOT plant code (see right hand column above). If the first two letters of the DOT code are VD, HY, or W2 and you have the tire line and size shown above, then your tires are on the consumer advisory list.

## Obstacle from Page 7

minutes on a single obstacle,” Drill Sgt. Deborah Damiani said.

It was not unusual to see a soldier try again and again to overcome a single obstacle. Probably the most difficult obstacle was the wall. Soldiers had to climb up an eight-foot wall using a rope. This proved to be quite a challenge to some soldiers.

“I didn’t think I was going to make it over the wall, and I did,” said Pvt. Latoya Presnell, a non-communication intercept analyst student. Presnell placed first in the individual competition for the women with a time of four minutes eight seconds.

During the obstacle course the motivation and determination levels of the students were rather high.

“It’s all personal motivation,” said Pvt. Lucas Park, a non-communication intercept analyst, of his peers. Despite pain, heat and some minor hand injuries, everyone who attempted the obstacle course succeeded in finishing it. No one gave up.

“There is nothing better than seeing a soldier overcome his fears,” Damiani said.

Several soldiers commented that the obstacle course had worked them more than an average day of physical training.

“I built up my body with teamwork,” said Pvt. Dax Williams, a non-communication intercept analyst.

Despite the soreness, soldiers were glad for the change of pace. “Besides going to school it gives us time to release frustration despite straining everyone,” Summerour said.

The day proved to be a marriage of the mental challenges of school and the physical challenges of PT. “It required not only muscular strength but coordination,” Pvt. Corin Trembley said.

In addition to the personal gains, the stu-

dents were appreciative of the work of the cadre and drill sergeants saying they could actually enjoy the obstacle course.

“The cadre are so much more supportive and it makes a difference,” Kauffmann said.

It was not only the students who appreciated the break in routine. Damiani and Sergeant agreed it was a great opportunity for drill sergeants to get out and train with soldiers and see soldiers enjoy soldier training outside academics.

Carrington said the obstacle course was “great Army training.”